



## Curriculum Vitae for Dr Dalia kamel

### I- Personal Data

Name Dalia Mohamed kamel awad Shewitta  
Home address road 1805, block 318, building 363, flat 24,  
al Hoor, Manama, Bahrain.

Business address 27 Morad Street, Giza, Egypt

Date of birth 6<sup>th</sup>, September 1975  
Marital status Married and have 3 children

	Speaking	Reading	Writing
Language proficiency	* English <b>V.Good</b>	<b>V.Good</b>	<b>V.Good</b>
	* French little	little	little
	* Arabic Native Language		

### Education

- \* **PhD** Degree in Physical Therapy for Obstetrics & Gynecology – faculty of Physical Therapy – Cairo University.
- \* **MSc** Degree in Physical Therapy for Obstetrics & Gynecology – Faculty of Physical Therapy – Cairo University.
- \* **BSc** Degree in Physical Therapy – Faculty of Physical Therapy – Cairo University.

### Date of employment

2012, Associate Professor- Cairo University  
2009, Assistant Professor- Ahlia University  
2006, Assistant Professor- Cairo University  
2002, Lecturer- Cairo University

1998, Demonstrator- Cairo University.

- **Associate Professor** of Physical Therapy-  
Cairo University- Egypt.

### Present job

- \* Physical Therapy Syndicate.
- \* Egyptian Association of Physical Therapy & Medical Rehabilitation.
- \* The Mediterranean Society of Pelvic Floor Disorders.

### Professional membership

### II-Attended Conferences

- BIT's 1<sup>st</sup> Annual Global Health conference, Dalian, China, 10-12 October, 2013. **(Speaker)**.
- Advanced diploma in pelvic floor dysfunctions. Dubai, 29<sup>th</sup> Nov- 11<sup>th</sup> Dec, 2012.
- Research Day of Ahlia University. 5-6 November 2012. **(Speaker)**
- Physio Dubai Conference, Dubai UAE, 28 – 30 March 2010. **(Speaker)**.
- 13<sup>th</sup> International Scientific Conference of Physical Therapy, Egypt, April, 2010. **(Speakers)**.
- 7<sup>th</sup> GCC of primary Health Care, 3 – 5 May 2010, Bahrain **(Speaker)**.
- Barbar Health Day, May 2010, Bahrain.
- International Stroke Day, 1<sup>st</sup> October, 2010, Bahrain.
- Scientific Course in Diagnostic Radiology X-ray, CT and MRI (from 23-1 to 16-4-2008), Egypt.
- Scientific Symposium of Sports Injuries of the Knee, February, 2008.
- The 6<sup>th</sup> Annual Meeting of the Mediterranean Society of the Pelvic Floor Disorders (MSPFD), April, 2008. Egypt **(Speaker)**.

- The 12<sup>th</sup> Seminar (Chronic Constipation) of the Mediterranean Society of Pelvic Floor Disorders (MSPFD), May, Egypt, 2008.
- The 4<sup>th</sup> National Conference of Human Performance in Health and Disability, June, 2008. Egypt (**Speaker**).
- 10<sup>th</sup> International Scientific Conference of Physical Therapy, (Physical Therapy and Future Challenges) March, 2007. Egypt.
- The 3<sup>rd</sup> National Conference of Human Performance in Health & Disability Egypt, April 2007. (**Speaker**).
- Workshop of P.T. and Neuro-physiological Mechanisms of Post-operative Pain Inhibition, February, 2006.
- The Sixth 6<sup>th</sup> Scientific Symposium of the (Physical therapy Program for Total Hip and Knee Replacement Cases), July, 2006.
- The 3<sup>rd</sup> Scientific Symposium of Community Service and Environment Development, (Surgical Pre Conditions for Rehabilitation after Orthopedic Trauma), December, 2006.
- 10<sup>th</sup> International Scientific Conference of Physical Therapy, March, 2007.
- Third National Conference of Human Performance in Health & Disability (speaker), April, 2007.
- 11<sup>th</sup> International Scientific Conference of Physical Therapy March, 2008. (**Speaker**).
- The scientific workshop under the title of "Medley of Spinal Techniques", March, 2008.
- The scientific workshop under the title

of "How to Write Proposal", March, 2008.

- 6<sup>th</sup> Annual Meeting of the Mediterranean Society of Pelvic Floor Disorders (MSPFD) (**speaker**), April, 2008.
- 1<sup>st</sup> International Conference of Quality Assurance & Accreditation Center, April, 2008.
- 4<sup>th</sup> National Conference of Human Performance in Health & Disability June, 2008. (**Speaker**).

### **III- Published Papers**

\*Dalia M Kamel, Amel M Yousef, Serag E Mansour. The Effect of Gentamycin Iontophoresis on the Incidence of Wound Infection in Post Cesarean Section" at the 5th International Conference of Obstetrics & Gynecology, El Azhar University, May, (2002).

\* Hanan S. El-Mekawy, Dalia M. Kamel, Magda S. Moursi, Ahmed M. El-Halwagy,. Effect of Balance Training on Postural Balance in Obese Post menopausal Women, Bulletin of Faculty of Physical Therapy- Cairo University, July, (2007).

\* Dalia M Kamel, Hala H Emara, Effect of Aerobic Exercises on Mood Swings in Perimenopausal Women, Bulletin of Faculty of Physical Therapy- Cairo University, January, (2008).

\* Sayed A. Tantawy, Dalia M. Kamel, Neveen A. Abd El-Raouf and Mohamed A. Rhaman. Effect of Low Level Laser Therapy in the Treatment of Chemotherapy Induced Oral Mucositis in Postmenopausal Breast Cancer, Bulletin of Faculty of Physical Therapy- Cairo University, January, (2008).

\* Hoda M. Zakaria, Sayed A. Tantawy, Dalia M. Kamel, Sahar M. Adel, Khalid A. Kassem. Fecal Incontinence Responses to Posterior Tibial Nerve Stimulation in Partial Spinal Cord Injured Patients, Bulletin of Faculty of Physical Therapy- Cairo University, Vol. 14, No. 1, (2009).

\* Dalia M. Kamel, Neveen A. Abd El -Raouf , Sayed A. Tantawy , Adel F. El-Begawy, Nihal Y. Abosaif. Does Aerobic Exercise Training with Weight Loss Affect Serum C-Reactive Protein in Asymptomatic Obese Peri-Menopausal Women? The Medical Journal of Cairo University- Cairo University, Vol. 78, No. 2, December (2010).

\* Sayed A Tantawy, Neveen A. Abd El – Raouf, Soheir M El Kosery, Dalia M Kamel Postmenopausal Breast Cancer Chemotherapy Responses to Antiemetics P6 Accustimulation, The Medical Journal of Cairo University- Cairo University, Vol. 78, No. 2, September (2010).

\* Sayed A Tantawy, Dalia M Kamel, Akram A Abdel Aziz. Effect of Weight Reduction on Liver Enzyme in Obese Postmenopausal Women with Chronic Hepatitis, Bulletin of Faculty of Physical Therapy- Cairo University, Vol. 15, No. 2, (2010).

\*Sayed A Tantawy, Dalia M Kamel. Efficacy of Ultrasound on Bone Mineral Density and Quality of Life in Females Post mastectomy Patients: Pre- Post Intervention Study. Indian Journal of Physiotherapy and Occupational Therapy - Volume: 6, Issue: 4, 2012.

\*Adly H Sabour, Ali A Thabet, Dalia M Kamel, Sayed A Tantawy. Comparison of Transvaginal versus Posterior Tibial Nerve

Electrical Stimulation on Urodynamic measurements in Egyptian Women with Detrusor Instability. *TheHealth*; 3(4): 90-93, 2012.

\* Dalia M Kamel, Ali A Thabet, Sayed A Tantawy, Mohamed M Radwan. Effect of abdominal versus pelvic floor muscle exercises in obese Egyptian women with mild stress urinary incontinence: A randomised controlled trial. *Hong Kong Physiotherapy Journal* (2013) 31, 12-18.

\* Neveen A Raouf, Dalia M kamel, Sayed A Tantawy. Influence of second-degree flatfoot on spinal and pelvic mechanics in young females. *International Journal of Therapy and Rehabilitation*, September 2013, Vol 20, No 9, 428-434.

### Academic Teaching

\* Clinical training of P.T for Obstetrics & Gynecology at the 3<sup>rd</sup> Academic Year, Faculty of Physical Therapy, Cairo University 1998-2009.

\* P.T for Obstetrics & Gynecology, 3<sup>rd</sup> Academic Year, Faculty of Physical Therapy, Cairo University 1998-2009.

\* Clinical Training of P.T for Obstetrics & Gynecology at the 3<sup>rd</sup> Academic Year, Faculty of Physical Therapy, 6<sup>th</sup> October University, Egypt 2007-2008.

\* Clinical Training of P.T for Obstetrics & Gynecology at **Post Graduate (Diploma)**, Faculty of Physical Therapy, Cairo University 2007-2009.

\* Biomechanics for Pregnant Women, Post Graduate (**Master**), Faculty of Physical Therapy, Cairo University 2007-2009.

\* Supervision on **Master dissertation** under the title of: Awareness of Egyptian females about pelvic floor training and pelvic floor disorders. Faculty of Physical Therapy, Cairo University 2008-2010.

\*Acknowledged for sharing final revision in **Master dissertations** under the title of :  
-effect of therapeutic ultrasound on coccyxdenia in postpartum women, Faculty of Physical Therapy, Cairo University 2008.

-Effect of normal pregnancy on planter foot pressures, Faculty of Physical Therapy, Cairo University 2008.

- Effect of ultrasound therapy on alleviating pain and adhesion in endometriosis. Faculty of Physical Therapy, Cairo University 2008

\* General anatomy for 1<sup>st</sup> year College of Medical Health & Sciences, Ahlia University, Bahrain 2009.

\*Theories of cardiopulmonary physiotherapy, Medical physiotherapy & cardiopulmonary surgery and medicine for 3<sup>rd</sup> year, College of Medical Health & Sciences, Ahlia University, Bahrain 2009.

\* Ergonomics & Occupational health for physiotherapy for 4<sup>th</sup> year (undergraduate). College of Medical Health & Sciences, Ahlia University, Bahrain 2009.

## Community services

\* International Stroke Day, in association with Bahrain Physical Therapy Association BPTA, October 2010.

\* The 6<sup>th</sup> Health festival of Barbar club, May 2010.

\* Adhoc committee for institutional review improvement plan (**Ahlia University level**).

\* AU assessment committee (**Ahlia University level**).

\* Department council (**Department level**).

\* Program review committee (**Department level**).

\* AU physiotherapy Clinic committee (**Department level**).

\*Research Day of Ahlia University. 5-6 November 2012. (**Speaker**).

\*Introducing a workshop about obesity and women's health. World Health day under the patronage of AU psychology club, 2012. (**Speaker**).

\*workshop under the title: handicap comingling in education and work for community build up. 12<sup>th</sup> international conference of Physical Therapy Faculty, Cairo University, March 2009.

\*workshop under the title "for better geriatric care: 12<sup>th</sup> international conference of Physical Therapy Faculty, Cairo University, March 2009.

\*Symposium about "man's well in addiction treatment". Faculty of Physical Therapy,



Cairo University.

\*Symposium about "fasting effect on the man's good manners". Faculty of Physical Therapy, Cairo University.

\*Symposium about "man and environment between the civilization and religions". Faculty of Physical Therapy, Cairo University.

\*Symposium about "how to be a successful leader". Faculty of Physical Therapy, Cairo University.

\*Symposium about "unforgettable memories about the great October victory". Faculty of Physical Therapy, Cairo University.

\*Symposium about "photography and videotaping: a science and an assessment tool in the physical therapy". Faculty of Physical Therapy, Cairo University.

\*Symposium about "herbal treatment". Faculty of Physical Therapy, Cairo University.

\*Symposium about "role of theater in society education". Faculty of Physical Therapy, Cairo University.

\*Symposium about "University's convoys in acknowledgment of Giza". Faculty of Physical Therapy, Cairo University.

\*Symposium about "new treatments of functional dysfunctions of knee joint". Faculty of Physical Therapy, Cairo University.

\*Symposium about "spinal column mechanical dysfunctions: the problem and treatment techniques". Faculty of Physical

Therapy, Cairo University.